

Vision Statement:

"We envision an Ontario in which child and youth mental health is recognized as a key determinant of overall health and well-being, and where children and youth grow to reach their full potential."

-Ontario's Policy Framework for Child and Youth Mental Health

Goal:

"Together, we will transform the experience of children and youth with mental health problems and their families, so that they will know what high quality mental health services are available in our community; and how to access mental health services and support that meet their needs."

-Moving on Mental Health



WELCOME TO OUR THIRD NEWSLETTER

We are pleased to issue our third newsletter to share our progress in **Moving on Mental Health** in SDG since our last one released in October 2015. All of our newsletters in English and French are posted on the Cornwall Community Hospital website under *Children's Mental Health Services*. You will be able to click on the link there to bring you to the newsletters as well as link directly to the Ministry of Children and Youth Services (MCYS) website for provincial updates:

<https://www.cornwallhospital.ca/en/ChildrenMentalHealth>

<https://www.cornwallhospital.ca/fr/santementaleenfants>

REPORT FOR 2015-2016

On March 3, 2016, the Board of the Cornwall Community Hospital (CCH) reviewed and approved the 2015/16 Children and Youth Mental Health Report for the SDG Service Area. Final MCYS approval of the report containing both the Core Services Delivery Plan (CSDP) and Community Mental Health Plan (CMHP), is expected in June 2016. We will post the Executive Summary of the Report on the CCH website.

Over the past year, we have been working with our SDG Children and Youth Mental Health Advisory Committee, our French Language Services Committee and other partners, stakeholders, families / caregivers and youth, on the identified priorities from our approved 2014/15 Plans. Our activities supported the three CSDP priority areas identified: (1) parent and youth engagement; (2) crisis support services; and (3) specialized assessment and consultation. As well, we made progress on our CMHP priorities by putting in place effective mechanisms for community planning and formalizing referral/pathway relationships with community partners.

A Work Plan for 2016/17 is being developed, which builds on these priorities and the work to date. In this newsletter we will highlight some areas of the work plan.

CRISIS SUPPORT SERVICES

In January 2016, MCYS announced \$6M for the province to address core services gaps in each of the service areas. The SDG service area is receiving annualized funding of \$104,100. Based upon priorities we had determined for SDG, we have targeted the funding to enhance crisis support services, in English and in French, for children and

NEW!!!!
WEBSITE RESOURCES



**SUICIDE PREVENTION
COALITION OF
CHAMPLAIN EAST**

**LE CLIMAT
SCOLAIRE
POSITIF**
climatcsdceo.com/

**CORNWALL COMMUNITY
HOSPITAL**

**Community Addiction &
Mental Health Programs**

**Child and Youth
Counselling Services**

Suite 305 –
132 Second Street E.
Cornwall, ON
K6H 1Y4
Tel: (613) 932-1558
Fax: (613) 938-9671

Single Point Access

Suite 305 –
132 Second Street E.
Cornwall, ON
K6H 1Y4
Tel : (613) 938-9909
Fax: (613) 938-9671

www.cornwallhospital.ca

youth under 16 years of age with acute mental health needs involving safety concerns and risk of self-harm.

We are very pleased to announce that we have hired a Crisis Support Services Social Worker who is working with the hospitals' emergency departments and local area schools to assist with risk assessment, safety planning, and referrals to community services. Currently, we are meeting with various groups, organizations and individuals across SDG and Akwesasne to introduce the new service and to work on referral and communication processes. As of early March, we have started to provide crisis support services to children, youth and families as well as consultation to providers.

SUMMARY OF PARENT ADVISORY GROUP

The Parent Advisory Group is helping to inform us on how to improve awareness of children's mental health services and system navigation.

We have had four (4) Parent Advisory Group meetings. Two meetings included Parents' Lifelines of Eastern Ontario (PLEO) representatives to explore interest in having a parent support group in SDG. PLEO will be providing training to parent support group facilitators in June and hope to start the support group in the summer in Cornwall.

YOUTH ENGAGEMENT

Our youth consultation has begun. We want to hear from youth about what is working, what is not working and how we can improve mental health services in our area. Two English focus groups took place in May at North Dundas District High School and Holy Trinity. We want to thank the schools for their assistance in helping us to plan these focus groups. Focus groups were led by youth engagement staff from the Centre of Excellence. An online survey in English and French will be launched in June to obtain further feedback from youth. Focus groups for francophone youth will occur in September.

YOUTH DROP-IN COUNSELLING PILOT PROJECT

Launched in February 2016, a Team of staff from addictions services and children's mental health are offering a weekly half-day drop-in at two high schools: Holy Trinity and Seaway District High School. So far, 19 youth have been seen.

For more information, contact the Lead Agency:

Christine Penney
VP, Community Programs, CCH
Tel: 613-938-4240 ext: 2228
christine.penney@cornwallhospital.ca

Deena Shorkey
Director, Children's Mental Health Programs, CCH
Tel: 613-932-1558 ext: 149
deena.shorkey@cornwallhospital.ca