

NEWSLETTER

STORMONT, DUNDAS & GLENGARRY LEAD AGENCY PROGRESS REPORT

MAY 2023

ISSUE 10

Welcome to our **tenth** newsletter that highlights our progress towards meeting the goals articulated in "Moving on Mental Health" in Stormont, Dundas, and Glengarry!

Our newsletters are available in both official languages on the Cornwall Community Hospital (CCH) website under Child and Youth Mental Health Services. The link below will bring you to the newsletters and to a link to the Ontario government website for provincial updates:

<https://www.cornwallhospital.ca/en/ChildrenMentalHealth>



ENHANCEMENT OF INTENSIVE SERVICES

In response to the closure of mental health beds in our community, the **Strive Program** was developed collaboratively with Laurencrest Youth Services Inc., L'Équipe psycho-sociale, and CCH Child and Youth Mental Health Services. The Program, led by Laurencrest Youth Services Inc., provides specialized and intensive services to children and youth with complex needs, and their families in Stormont, Dundas, and Glengarry. The Program aims to improve the child's/youth's well-being and family functioning in a home and community-based service delivery.

ENHANCEMENT OF SPECIALIZED SERVICES

At a provincial level, enhancing the quality and standardization of Child and Youth Mental Health services is being addressed through the Provincial Training Initiative (PTI). PTI is a three-year project collaboration between the Lead Agency Consortium, Children's Mental Health Ontario and the Knowledge Institute on Child and Youth Mental Health and Addictions. The goal is to increase the number of clinicians trained to deliver evidence-based treatment services for children and youth who are experiencing complex and significant mental health needs. A province-wide training model will increase capacity across the province and be sustainable.

Through PTI, staff members in the three core services in our community (CCH Child and Youth Mental Health Services, L'Équipe psycho-sociale, and Laurencrest Youth Services Inc.) are receiving standardized training for Trauma-Focused Cognitive Behaviour Therapy and Attachment, Regulation and Competency Framework.

VISION STATEMENT

Working together to create a community where infant, child and youth mental health is recognized as a key determinant of overall health and well-being, and where children, youth and families grow to reach their full potential.

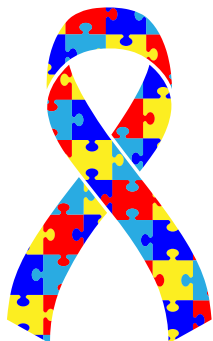
Adapted from Ontario's Policy Framework for Child and Youth Mental Health

MISSION STATEMENT

Cornwall Community Hospital's Child and Youth Mental Health Services, in its role as Lead Agency for the SDG Service Area, engages a range of system partners including youth and families for the purpose of coordinating service planning for the infant, child and youth mental health and addiction sectors.

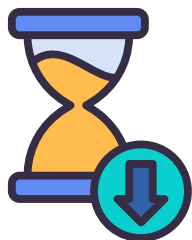
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BUILDING CAPACITY TO SUPPORT CHILDREN AND YOUTH WITH MENTAL HEALTH AND AUTISM DISORDER



L'Équipe psycho-sociale and CCH's Child and Youth Mental Health Services have received training in Integrated Foundational Autism and Mental Health to build capacity in supporting autistic children and youth with co-occurring mental health challenges. Specialized advanced training is occurring in April. In partnership with Dr. Jonathan Weiss and Autism Ontario, Children's Mental Health Ontario (CMHO) has developed virtual training sessions to help providers enhance their skills and knowledge with these children and youth. Monthly Regional Autism and Mental Health Community of Practice meetings are available to our staff members hosted by Youth Services Bureau.

REDUCING WAIT TIMES ACROSS ONTARIO THROUGH ONE STOP TALK



The One Stop Talk/Parlons maintenant (OST/PM) is a virtual platform that allows clients to connect from anywhere in Ontario and get evidence-based, solution-focused brief mental health services. Two staff members from CCH Child and Youth Mental Health Services have been trained and are providing 6 hours in total per week of in-kind virtual counselling support to OST/PM.



ENHANCING EATING DISORDERS SUPPORT IN THE COMMUNITY

As part of the Eating Disorder (ED) workforce capacity and development plan, Youth Services Bureau has invited CCH's Child and Youth Mental Health Services and L'Équipe psycho-sociale staff to participate in ED training through Anchor Psychological Services with the intention to build capacity for community organizations to address the increasing needs and numbers of clients with ED as CHEO is unable to exclusively do so without support.

The training, which has been taking place over the past year, ensures that staff members are well-informed and better prepared to identify, understand, assess, and treat some local children and youth affected by eating disorders and to refer out when more advanced levels of care are needed.

FOR MORE INFORMATION:

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Community Addiction and Mental Health Services

Services communautaires de santé mentale et de dépendances